

SOCIAL SECURITY
DISABILITY
BENEFITS & BEYOND

Q4 NEWSLETTER
2014



JAN DILS 
ATTORNEYS AT LAW, L C

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2014 Walk4Vets Declared A Huge Success!

Nearly 500 people turned out to show their support for our country's finest men and women and made the 3rd Walk4Vets event a tremendous success! The event took place on Saturday, September 13th at City Park in Parkersburg, WV, and raised approximately \$25,000 for this year's beneficiary: West Virginia University at Parkersburg Veterans Corps, which supports Veterans and their families through a variety of notable community service efforts.

The patriotic themed event featured plenty of food, fun, and entertainment for the whole family, including a 5K Fun Run, Patriotic Opening Ceremony, Mountain River CrossFit Obstacle Course Competition, Berkshire-Hathaway Corn-Hole Challenge, Water Balloon Toss, Tug-o-War, SuddenLink Children's Activities, Cutest Dog Contest, Walking Laps Honoring Each Branch of the Military, Live Musical Entertainment, featuring



Plan B Band, and Mike Starkey & Bruce Edward Haas Acoustic Duet, Car Cruise-In, Camden Clark Medical Center Health Fair, Silent Auction, Free Refreshments, Various Vendor/Exhibit Booths, and a whole lot more!

Created by the team at Jan Dils, Attorneys at Law as a way for everyone in our community to help recognize and honor local Veterans for the sacrifices they have made to serve our country and protect our freedom, this year's Walk4Vets included the following sponsors:

5 Star Sponsors

- Camden Clark Medical Center
- Family Carpet
- S & P Harley Davidson
- United Bank
- WesBanco

4 Star Sponsors

- Berkshire-Hathaway Real Estate Center
- Marietta College
- Sudden Link
- Ralsten Properties

3 Star Sponsors

- American National University
- Kiger Insurance
- PM Company
- Rhododendron
- TLN, Four, Inc.

The event was an incredible success, and the entire Jan Dils team was proud of the fantastic show of support for our Veterans.

A LETTER
FROM JAN

It's hard to believe that Fall is officially here... it seems like just yesterday we were packing away the sweaters and breaking out the flip flops! I hope you have been able to enjoy the cooler days we've had—and I can't think of a better way to spend a beautiful Saturday than by joining up at our Annual Walk4Vets, which took place on September 13th at City Park in Parkersburg! If you weren't able to join us for this year's event, be sure to read the article we've included here with a recap of all the excitement. I want to take this opportunity to again thank everyone who came out to honor our local Veterans. From participants to volunteers to our sponsors, we are so thankful for all of the incredible support this year's event received. It's such a great way to come together and show our thanks to the men and women who defend our country.

In this edition of our Social Security Disability newsletter, we've also included information on a brand new way we have created to keep your Case Manager up-to-date on all of the latest information that could help your case—be sure to read all about it.

And there's plenty more in store this month! I want to remind you all that our team is here to help you build the best possible case for being successful in getting ALL of the benefits you deserve! We want to make sure you have all of the information you need, and we are always happy to answer any questions you may have about Social Security and Supplemental Security Income. Give us a call, or send an email through our website at JanDils.com. We look forward to hearing from you!

Sincerely, *Jan Dils*



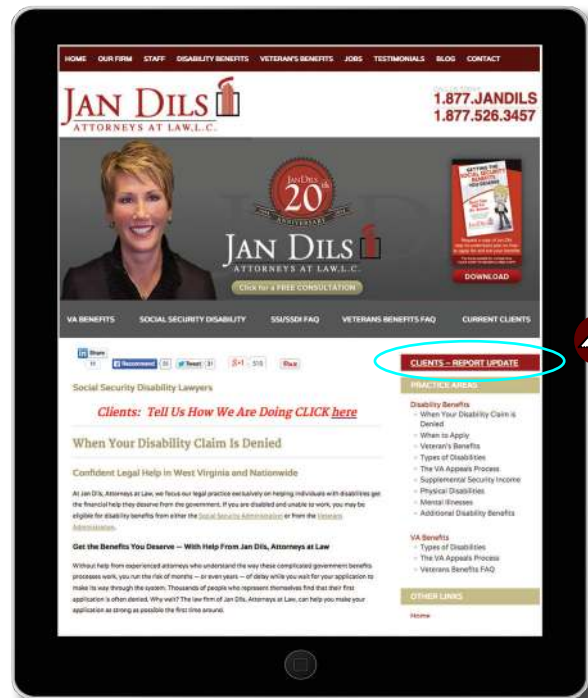
JAN DILS brings her expertise to issues that affect you and millions of other Americans every day. Her knowledge encompasses vital areas for Social Security disability benefits and related appeals and claims. With a practice that focuses on the people, Jan Dils ensures you get answers and the right results.

A NEW WAY TO UPDATE YOUR CASE MANAGER ON YOUR SCHEDULE!

You know that keeping your case manager up-to-date on the very latest details, including doctor or hospital visits and changes to your contact information, can have a big impact on the success of your case. Now, the Jan Dils team has made it even easier to provide information to your case manager, with a new tab on our website. Just go to www.jandils.com, then click on the new “CLIENTS—REPORT UPDATE” tab on the right side of the page. From there, you will be taken to a page that contains a quick, easy form to fill out with the new information you want to report to your case manager. And you can send your update any time, 24-7, on YOUR schedule—it's that simple!

The same page also features a listing that includes the name, email address, and telephone extension of each case manager. Aren't sure who your case manager is? No problem. Each case manager is now listed by the first letter of the last name of the clients they serve. So now, no matter how you choose to contact your case manager, you will always have their information close at hand.

Even if you don't currently have any updates to your information, we encourage you to take a few minutes to visit www.jandils.com and click on the new “CLIENTS—REPORT UPDATE” tab so you can see for yourself just how easy it is to keep your case manager in the loop. Remember: the more information your case manager has to work with, the stronger your case will be. So don't forget to report your latest doctor or hospital visits, along with any changes to your contact information. It's as easy as click, pick, submit—and as always, we look forward to hearing from you!



To send updates to your case manager 24-7, just go to www.jandils.com, then click on the new tab on right; “CLIENTS—REPORT UPDATE”

And the Apple Goes To...

Jan Dils Team member Cheryl Wingrove had the honor of presenting the very first Golden Apple Award of the new school year to **Mrs. Tina Lowers** of Greenmont Elementary School in Vienna, West Virginia. The nomination form for Mrs. Lowers, who teaches Pre-K, noted that she always has a smile on her face and is always willing to help and lend an ear. The nomination went on to say that “her personality and character stand out, and that is pretty outstanding in a school that is full of wonderful teachers. Every school would be thankful to have a Mrs. Lowers on their staff. Luckily we can call her ours!”

Please join us in thanking Mrs. Lowers and all of our wonderful teachers for their hard work that makes such a difference in the lives of our community’s children!

Lots of New Additions to the Jan Dils family!

Social Security Case Manager Amber Sims is preparing for a new arrival: baby girl Kinsley is due to arrive 10/22/14...Camy Dight in the Leads Intake Department will welcome a baby girl in November...Attorney Kevin Walker and his wife Janelle are awaiting the arrival of their third child in February...And Social Security Case Manager Kayla Cox is now Kayla McCoy—she was married on 8/23/14.

Join us in congratulating Amber, Camy, Kevin and Kayla—we wish you ALL the best!

**COMMONYMS:
TAKE THE CHALLENGE**

What’s a commonym you ask? A commonyms is group of words that have a common trait in the three words/items listed. For example: the words; A car - A tree - An elephant... they all have trunks. These will make you think!

1. A Bull - A Car - A Shoe Salesman
2. A Courtroom - A Dugout - A Park
3. A Football Team - A Phone - A Stereo
4. Yellow - Black - Baltic
5. Dark - White - Milk
6. Steak - Spaghetti - Tartar
7. A Bobbin - Spider Webb - A Screw
8. Tow - Row - Show
9. Rally - Stock - Drag
10. Families - Trees - Hair

*This issue's solution: 1. They all have horns
2. They have benches 3. They have receivers 4. Seas
5. Chocolates 6. Sauces 7. They have threads 8. Boats
9. Car races 10. They have roots*

IT’S TIME TO...

- Raid the garden for dinner. **October 1st Vegetarian Day.**
- Become a sharp dressed man! **October 10th is Tuxedo Day.**
- Give thanks for the ER professionals. **October 11th is Emergency Nurses Day.**
- Leave your hat at home. **October 14th is Be Bald and Be Free Day.**
- Trick or Treat! **October 31st is Halloween.**
- Whip up a PB&J. **November 3rd is Sandwich Day.**
- Honor the brave men and women who have served. **November 11th is Veterans Day.**
- Lose your lighter for a day. **November 15th is the Great American Smokeout.**
- Remember all you are thankful for. **November 27th is Thanksgiving Day.**
- Take a “personal day”. **November 30th is Call In Well Day.**
- Check it twice before you put it in the mail. **December 4th is Santa’s List Day.**
- Remember the date which will live in infamy. **December 7th is Pearl Harbor Day.**
- Make sure Santa has as snack. **December 17th is Bake Cookies Day.**
- Give the greatest gift of all: love. **December 25th is Christmas Day.**
- Say goodbye to 2014. **December 31st is New Year’s Eve.**

JAN DILS BLOG

“Ice Bucket Challenge” Puts ALS In The Spotlight.

Thanks to an Ice Bucket challenge gone viral on social media, awareness of ALS (short for amyotrophic lateral sclerosis) is on the rise along with soaring funds to help further the ALS Association’s mission to find a cure, support individuals with this illness and develop public policy that will make life with ALS a little easier.

Also referred to as Lou Gehrig’s Disease, the ALS Association defines ALS as “a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord”. Individuals slowly lose control over their muscles, eventually leading to paralysis and death in advanced stages.

If you’ve been diagnosed with ALS and are unable to work because of your symptoms, you may be eligible for Social Security Disability benefits. The expert disability lawyers of Jan Dils, Attorneys at Law, can help get you and your loved ones the support you need.

We encourage you to schedule a free initial consultation, either by phone or at one of our five West Virginia offices — in Parkersburg, Charleston, Logan, Huntington or Beckley — and Charlotte, NC. You can call toll free at 1.877.JANDILS (1.877.526.3457), or use our online form at www.jandils.com to schedule a free initial consultation.

TACO SOUP

WARM UP A COOL EVENING WITH THIS MONTH’S RECIPE!

Turn any night into a fiesta...Jan Dils Hearing and Appeals Specialist Jess Hacker shares her simple, easy and delicious recipe for Taco Soup!

INGREDIENTS:

- 1lb Hamburger meat
- 2 Taco seasoning packets
- Hidden Valley Ranch Dressing (dry package)
- 2 cans of black beans
- 2 cans of pinto beans
- 2 cans of chili beans
- 2 cans of corn
- 2 cans of Rotel Tomatoes
- Tortilla Chips
- Mexican Cheese
- Sour Cream

DIRECTIONS

In a large pot, cook hamburger and drain. Add both taco seasoning packets and ranch dressing packet, along with ½ cup of water and mix together. Add black beans (drained and rinsed), pinto bean (do not drain), chili beans (do not drain), corn (do not drain), and 2 cans of Rotel Tomatoes (do not drain). Stir together and bring to a boil for about 10 minutes. Then reduce heat and simmer for about 20 minutes. When soup is nice and hot, place in bowls and add Tortilla Chips, Cheese and Sour Cream on top to serve. Enjoy!





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Q4 NEWSLETTER



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MAKING A C8 CLAIM

Do you have a potential claim for compensation due to C8 exposure?

The answer could be yes if you have one of the six conditions that the C8 Science Panel has linked to C8 exposure. You may also be entitled to compensation if you are a family member of someone who had one or more of the linked conditions and passed away.

Which diseases may entitle you to compensation?

The diseases linked to C8 exposure by the C8 Science Panel are:

1. Kidney Cancer
2. Testicular Cancer
3. Ulcerative Colitis
4. Thyroid Disease
5. Pregnancy Induced Hypertension (including preeclampsia)
6. Hypercholesterolemia

To make an individual personal injury claim under the C8 class action, you must have acquired your drinking water from one of the included water supplies for a year or more before December 4, 2004, and your disease must be included among

the six diseases listed above. The affected water districts are (1) Little Hocking, Ohio; (2) Lubeck Public Service District, West Virginia; (3) City of Belpre, Ohio; (4) Tappers Plains, Ohio; (5) Mason County Public Service District, West Virginia; (6) Village of Pomeroy, Ohio. Water from certain private drinking wells within these areas, including DuPont's Washington Works Plant, is also included.

You will not qualify for compensation under the class action if your disease is not on the above list or you didn't acquire your drinking water from one of the included water supplies for a year or more before December 4, 2004.

If you or a family member have suffered from one of the listed diseases related to C8 exposure, the Jan Dils team is happy to answer your questions about the class action, and help determine if you may qualify for compensation. Contact us today to get started.

